

MAINS

CHICKEN TINGA TACOS

Three soft wheat tortillas loaded with marinated pulled chicken cooked in a rich tinga sauce, topped with lime pickle, chimichurri, coriander.

POLLO ASADO TACOS **COF**

Three crunchy fried corn tortillas with grilled chicken breast, peppers, onions, cheese, habanero mayo, and your choice of PERIOS flavour.

SPICY BERENJENA TACOS **VG**

Three soft wheat tortillas, spiced aubergine, crispy sweet potato, lime, coconut yoghurt.

GRILLED CHICKEN BURRITO

Soft tortilla with rice, peppers, onions, salsa, cheese, sour cream, and black beans. With grilled chicken breast in a flavour of choice.

SPICY BERENJENA BURRITO **V COF**

Soft tortilla with rice, peppers, onions, salsa, cheese, sour cream, and black beans. With spiced aubergine, avocado and chilli coconut yoghurt.

BURRITO BOWL **COF**

Everything else, minus the tortilla wrap!

CHICKEN | BEEF +£2.00

CHICKEN GOUJONS **COF**

Freshly fried chicken strips with your choice of PERIOS flavour.

MEXICAN SALAD **VG**

Sweetcorn, black beans, onions, tomatoes, peppers and guacamole, with tortilla chips.

ADD CHICKEN +£2.00

PROTEIN POACHER **V M**

387 kcal • 23.3g protein • 35.8g carbs • 18.3g fat • 7.9g fibre

A hearty bowl with beans, two poached eggs, crispy kale, and spiced tomato sauce.

FLEXI WRAP **V M**

264 kcal • 15.3g protein • 34.5g carbs • 7.2g fat • 5.7g fibre

Low-carb tortilla wrap with quinoa, beans, butternut squash, cottage cheese, guac.

MAD GAINS WRAP **M**

488 kcal • 50.5g protein • 28.6g carbs • 18.2g fat • 3.0g fibre

Low-carb tortilla with pulled chicken, cottage cheese, guacamole, and a flavourful tomato-chipotle sauce.

COF PERIOS FLAVOURS: Hola Herbs | BBQ Fiesta | Chilli Lime | Texan Jerk | Americano's Buffalo

SIDES

Fries **VG** | Cajun Fries **VG** | Garlic Bread **V** | Handmade Coleslaw **V**
Mexican Rice **VG** | Tortilla Chips **VG** | Fresh Guacamole **VG** |
Mexican Side Salad **VG** | Refried Beans **V** | Cheesy Fries +£1.00 **V**
Truffle Fries **V** +£1.00 | Sweet Potato Chips +£1.00 **VG**

DRINKS

TIER 1 **DRAUGHT SOFT DRINK**

Coca Cola | Diet Coke | Fanta | Sprite | Vimto | Water | Mango Sparkling

TIER 2 **MEXICAN SOFT DRINK** +£2.00

Jarritos Cola | Jarritos Mango

TIER 3 **MOCKTAIL** +£4.00

Mojito Inocente | Flirty Francesa | Pina Colada Inocente | Rey Tropical | Flor Princess

TIER 4 **COCKTAIL** +£5.00

Espresso Martini | Pineapple Picante Daiquiri | Pina Colada | Blood Orange Negroni | Passionfruit Martini | Margarita

LUNCH

£15.99

MAIN + SIDE + DRINK

PERIOS



MONDAY - FRIDAY : 12PM - 4PM

LEGEND: **V** vegetarian, **VG** vegan, **COF** choice of PERIOS flavours.

*If you have any food **ALLERGIES**, please speak to a member of staff. Cross-contamination may occur, therefore we cannot guarantee that any dishes are allergen-free.*