

MAINS

TACOS

CHICKEN TINGA *(soft wheat)*

Three soft wheat tortillas, a staple of the Northern Mexican states. Loaded with marinated pulled chicken cooked in a rich tinga sauce, topped with lime pickle, chimichurri, coriander.

SPICY BERENJENA **VG** *(soft wheat)*

Spiced aubergine, crispy sweet potato, lime and coconut yoghurt.

POLLO FRITO *(soft wheat)*

Fried chicken goujons, guacamole, habanero mayo, jalapenos, chopped red cabbage and spring onions.

POLLO ASADO **COF** *(crunchy corn)*

Three crunchy fried corn tortillas, a popular Texan invention. Loaded with grilled chicken breast, peppers, onions, cheese, habanero mayo, and your choice of PERIOS flavour:

Hola Herbs | **BBQ Fiesta** | **Chilli Lime** | **Texan Jerk** | **Americano's Buffalo**

BEEF BIRRIA *(+£2.00) (soft wheat)*

Slow-cooked spicy marinated pulled beef. Topped with pickled vegetables and green chilli sauce. Served with Mexican birria sauce.

PHILLY BURGER

Spicy chicken or beef in a handmade Philly bun with cheese, red onion, lettuce, onion marmalade, and Chipotle sauce.

CHICKEN PHILLY STEAK

BEEF PHILLY STEAK *(+£2.00)*

NACHOS

VEGGIE NACHOS **V**

Crunchy tortilla chips packed with jalapeños, tomato and onion salsa, guacamole, and melted cheese.

CHICKEN NACHOS

To make these nachos even more delicious, we add flavourful pulled chicken cooked in rich tinga sauce.

BURRITOS **COF**

A soft tortilla filled with rice, peppers, onions, salsa, cheese, sour cream, black beans and one of the below options, with your choice of PERIOS flavour:

Hola Herbs | **BBQ Fiesta** | **Chilli Lime** | **Texan Jerk** | **Americano's Buffalo**

GRILLED CHICKEN BURRITO

Grilled chicken breast in a flavour of choice.

CHICKEN TINGA BURRITO

Shredded chicken cooked in a rich tinga sauce with tomato, garlic, chipotle salsa, oregano, habanero sauce and other ingredients.

SPICY BERENJENA BURRITO **V**

Spiced aubergine, avocado and chilli coconut yoghurt.

BURRITO BOWL

Everything else, minus the tortilla wrap!

CHICKEN | BEEF *(+£2.00)*

TEX-MEX STAPLES

ALITAS FRITAS **COF**

Fried chicken wings with a choice of PERIOS flavour:

Hola Herbs | **BBQ Fiesta** | **Chilli Lime** | **Texan Jerk** | **Americano's Buffalo**

FRIED CALAMARI

Crispy battered calamari, served with fresh lime and tartar sauce.

TRUFFLE MAC 'N' CHEESE **V**

Creamy mac'n'cheese with a flavourful truffle twist! Served with garlic bread.

BEEF MAC 'N' CHEESE

A pot of creamy mac'n'cheese with spicy pulled beef, served with garlic bread.

FRIJOLES **V**

Tex-Mex refried beans served with tortilla chips and sour cream.

MEXICAN SALAD **VG**

Sweetcorn, black beans, onions, tomatoes, peppers and guacamole, with tortilla chips.

SIDES

Fries **VG** | Cajun Fries **VG** | Garlic Bread **V** | Handmade Coleslaw **V**
Mexican Rice **VG** | Tortilla Chips **VG** | Fresh Guacamole **VG** |
Mexican Side Salad **VG** | Refried Beans **V** | Cheesy Fries *(+£1.00)* **V**
Truffle Fries **V** *(+£1.00)* | Sweet Potato Chips *(+£1.00)* **VG**

PERIOS

LUNCH MENU £14

MAIN + SIDE | MONDAY - FRIDAY : 12PM - 4PM



LEGEND: **V** vegetarian, **VG** vegan, **COF** choice of PERIOS flavours.

*If you have any food **ALLERGIES**, please speak to a member of staff. Cross-contamination may occur, therefore we cannot guarantee that any dishes are allergen-free.*