

# MAINS

## TACOS

### CHICKEN TINGA (soft wheat)

Three soft wheat tortillas, a staple of the Northern Mexican states. Loaded with marinated pulled chicken cooked in a rich tinga sauce, topped with lime pickle, chimichurri, coriander.

### SPICY BERENJENA VG (soft wheat)

Spiced aubergine, crispy sweet potato, lime and coconut yoghurt.

### POLLO FRITO (soft wheat)

Fried chicken goujons, guacamole, habanero mayo, jalapenos, chopped red cabbage and spring onions.

### POLLO ASADO COF (crunchy corn)

Three crunchy fried corn tortillas, a popular Texan invention. Loaded with grilled chicken breast, peppers, onions, cheese, habanero mayo, and your choice of PERIOS flavour:

Hola Herbs | BBQ Fiesta | Chilli Lime | Texan Jerk | Americano's Buffalo

### BEEF BIRRIA (+£2.00) (soft wheat)

Slow-cooked spicy marinated pulled beef. Topped with pickled vegetables and green chilli sauce. Served with Mexican birria sauce.

## QUESADILLAS COF

Toasted soft tortilla, filled with mixed peppers, onions, melted cheese, and a flavour of your choice. Served with house salad and salsa roja.

### AUBERGINE

### CHICKEN

### BEEF (+£2.00)

## NACHOS

### VEGGIE NACHOS V

Crunchy tortilla chips packed with jalapeños, tomato and onion salsa, guacamole, and melted cheese.

### CHICKEN NACHOS

To make these nachos even more delicious, we add flavourful pulled chicken cooked in rich tinga sauce.

## BURRITOS COF

A soft tortilla filled with rice, peppers, onions, salsa, cheese, sour cream, black beans and one of the below options, with your choice of PERIOS flavour:

Hola Herbs | BBQ Fiesta | Chilli Lime | Texan Jerk | Americano's Buffalo

### GRILLED CHICKEN BURRITO

Grilled chicken breast in a flavour of choice.

### CHICKEN TINGA BURRITO

Shredded chicken cooked in a rich tinga sauce with tomato, garlic, chipotle salsa, oregano, habanero sauce and other ingredients.

### SPICY BERENJENA BURRITO V

Spiced aubergine, avocado and chilli coconut yoghurt.

### CHICKEN BURRITO BOWL

A hearty bowl of grilled chicken in a flavour of your choice. Served with everything else, minus the tortilla wrap.

## TEX-MEX STAPLES

### ALITAS FRITAS COF

Fried chicken wings with a choice of PERIOS flavour:

Hola Herbs | BBQ Fiesta | Chilli Lime | Texan Jerk | Americano's Buffalo

### FRIED CALAMARI

Crispy battered calamari, served with fresh lime and tartar sauce.

### TRUFFLE MAC 'N' CHEESE V

Creamy mac'n'cheese with a flavourful truffle twist! Served with garlic bread.

### BEEF MAC 'N' CHEESE

A pot of creamy mac'n'cheese with spicy pulled beef, served with garlic bread.

### FRIJOLES V

Tex-Mex refried beans served with tortilla chips and sour cream.

### MEXICAN SALAD VG

Sweetcorn, black beans, onions, tomatoes, peppers and guacamole, with tortilla chips.

## SIDES

Fries VG | Cajun Fries VG | Garlic Bread V | Handmade Coleslaw V  
Mexican Rice VG | Tortilla Chips VG | Fresh Guacamole VG |  
Mexican Side Salad VG | Refried Beans V | Cheesy Fries (+£1.00) V  
Truffle Fries V (+£1.00) | Sweet Potato Chips (+£1.00) VG

# PERIOS

## LUNCH MENU £14

MAIN + SIDE | MONDAY - FRIDAY : 12PM - 4PM



LEGEND: **V** vegetarian, **VG** vegan, **COF** choice of PERIOS flavours.

If you have any food **ALLERGIES**, please speak to a member of staff. Cross-contamination may occur, therefore we cannot guarantee that any dishes are allergen-free.